

Flower Remedies For Goddesses

KIM CHILD

VIBRATIONAL ALCHEMIST | LICENSED ACUPUNCTURIST



WORK WITH KIM




Flower and vibrational essences are great healers which have a subtle energetic way of restoring energy and nurturing spirit & soul. Used for children, adults and animals as there are no contra indications, they are completely natural.

Kim is an Advanced Flower & Vibrational essence practitioner with a certification in Bach essences.

Spend an hour with Kim (in person or virtually) to discover customised essences to support your wellness. This includes a 30ml oral remedy & an essence aura spray. Kim ships all over the UK and beyond if your not local. [Learn More](#)

[Book Now](#)





GODDESS ESSENCES

Intro

If you don't know your Goddess type yet pop over to the [quiz](#) to find out. You may have heard of or taken Rescue Remedy as it's the most well known flower essence world wide. Did you know there are 38 flower remedies created in the 1930's by Dr. Edward Bach? Each flower essence was developed to support different emotional states.

Although flower essence are considered an emerging field of subtle energy medicine, they aren't a new concept. Evidence suggests civilisations such as the ancient Egyptians and the Chinese have been applying nature in this way thousands of years ago.

Jade Goddess Flower Essence: Impatiens

Sometimes your superstar multi tasking can cause a bit of irritation and you might wonder why everyone is slower than you... Believe it or not there is an actual wild flower called Impatiens. You guessed it, it's good for when you feel like you've had enough!

This miracle essence will help soften your driven energy in a magic way. Working with others in 'their' timings will start to flow and you'll feel more harmony with loved ones around you. Clarity will feel like a super power with the ability of your natural vision to shine through without the blurred memories of driving in the fast lane all the time.

Amber Goddess Flower Essence: Centaury

You are an earthy optimist who often helps until you run out of energy. Eventually you end up feeling tired of giving everything to others. Energy starts to run out and feelings of resentment may brew up to a point of no return, even Mother Teresa would tell you to take a break.

Centaury is for those who need stop and nourish themselves. Stop and resonate with this essence to regain your sense of balance and learn to say NO based on the actual energetic reserves in your tank. If you support your energy on a every level (mind, body & spirit) you will become a source of healing for others by your presence alone.



FLOWER POWER



GODDESS ESSENCES

Moonstone Goddess Flower Essence: Clematis

To nourish your intuitive nature you need to flow into new ideas, catch the vibe and also run life as it happens around you. This takes a quite a bit of concentration at any given time. You may feel as if your in between a few realities in any given day. Day dreaming is great but your super visionary energy can stall mid air if it doesn't have a sense of completion behind the idea.

Clematis will bring you back into your body BUT allow your intuition to come through. This essence will assist you in keeping the magic in a grounded way to move toward your destiny. Open up to your gifts and feel free to follow your gut feelings with Clematis.

Garnet Goddess Flower Essence : Olive

Embodying your wisdom provides inspiration to so many people, but The Garnet Goddess might be in a state of long term exhaustion. This a clear call in life to clear away what is not working for you, more to the point what is consuming your energy.

Not only is olive an important food energy in many countries it also provides a very powerful flower essence. This essence will nourish you through times when you feel you just don't have the energy, it provides a healing place which is planetary as well as galactic. Float away to nourishment with this elegant friend.

How to use Flower Essences

You can find flower essences in natural food stores or holistic pharmacies. All of the flower essences discussed are Bach flower remedies, but Healing Herbs are another excellent brand available in the UK.

- Dosage: Two to three times per day add 2 to 4 drops to a glass of water. If your in a rush you can take them neat under the tongue.
- Bach Flower remedies contain alcohol, for those you abstain from mix 4 drops in water and put in a 30ml glass spray bottle. Spritz yourself several times a day (you could add your favourite essential oil as well).
- Flower remedies produce subtle shifts, so give the remedies time to work there magic. Look at trying a remedy for 3 to 4 weeks and observe shifts.

FLOWER POWER